## 5 Benefits of Community Service

**1.** Improved resumes and portfolios. Volunteering shows employers that students care about their community. Students can gain valuable experience in all facets of PR by forming partnerships with nonprofit organizations through volunteering.

**2.** Boost grades and academic potential. Research shows students who do community service are more likely to do well in school due to the benefit and learning potential.

**3.** Create a network. Students can use volunteering to network with professionals who can be potential mentors and references.

**4.** Become a better person. Volunteering is a rewarding experience. Studies show people who help others are consistently happier people. Students also learn new skills to help them succeed professionally.

**5.** Enjoy a health boost. Research shows students who volunteer are better equipped to deal with stress and less likely to suffer from depression.

Some information taken from greatvaluecolleges.net



# What can you do?

#### VOLUNTEER

Ultra Chic Boutique sells gently used formal dresses with all proceeds given to the Alzheimer's Association of Nebraska.





#### COMPETE

The National Organ Donor Awareness Competition (NODAC) is an annual competition sponsored by the Rowan University PRSSA chapter. Teams partner with their state organ procurement agency to hold an awareness event on campus during April's Donate Life Month.

### PLAN AN EVENT

Santa Paws is an annual fundraiser for Hearts United for Animals, a no-kill shelter and rescue. The event features pets getting their photo taken with Santa and Mrs. Claus. Photos are printed on site and put into a holiday card.









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